Research Assignment for Developing College Success Skills

Visit Study Skills Information from the Cook Counseling Center at Virginia Tech.

The menu on the right side of the page provides links and information for developing study skills. Think about which of the skills in that list will be the most crucial to your academic success, then read the information in those links.

Then, visit <u>Study Skills at Penn State</u>, <u>Study Skills at Simpson College</u>, and <u>Top 10 Study Skills at Lynchburg College</u>. Look through the lists of study skills on each site. Think about which of those academic skills would most pertain to you and what you will need to develop in order to become more academically successful. Bookmark or download pages with information about that skill and read through that information thoroughly.

Now, visit the webpage for the <u>Learning Support at Valencia College</u>. Read the list of what is available to you. Think about which of these services would be the most beneficial for you and your academic career.

Also, look at the free <u>Skillshops</u> that Valencia offers on success skills, educational planning, career development, and other solutions for students. Skim through the calendar and think about which skillshops would benefit you the most.

Log into <u>Atlas</u>, and click the My LifeMap tab. Select the icons for My Education Plan and My Career Planner, and see what is available there. You may browse through the other four icons as well. You may also visit Valencia's <u>LifeMap</u> web page. Think about how you could use these resources available here to your benefit.

Questions and Discussion

- 1. Describe the college success skills that you most need to focus on and why. Explain how they pertain to your future academic success and to the career that you are planning or considering. That is, say why those skills are important or say what those skills are important for.
- 2. Describe the web resources online that can help you to develop the skills that you need. That is, say what web pages you have read in order to learn about the academic skills that you need to develop.
- 3. Describe the Valencia College resources which are available and would most help you to succeed in your academic career. Say why you think these resources would benefit you.
- 4. Create a short plan to develop your college success skills. That is, say what you will do or learn about academic success skills in order to improve your overall academic performance and success.